

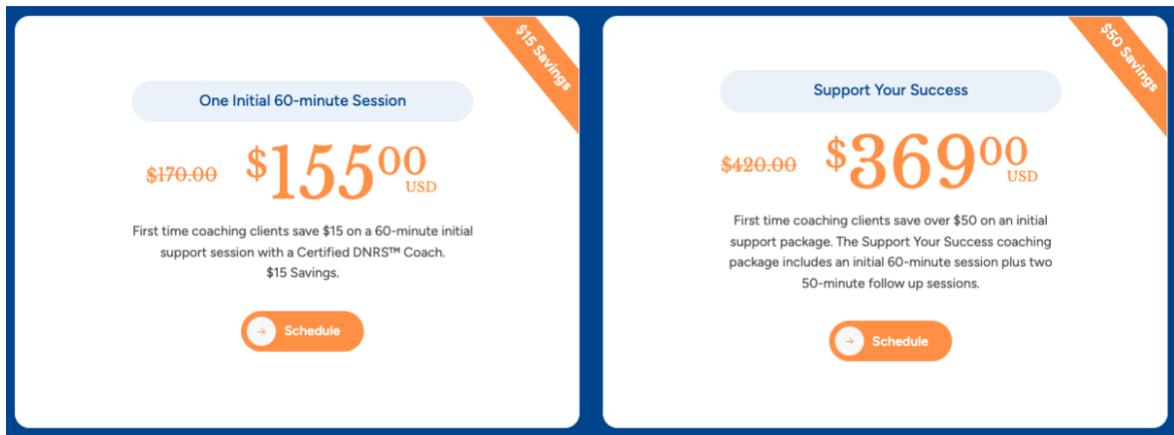
## How to Book Your Individual Coaching Session

Our individual coaching with a Certified DNRS Coach is available to provide personalized guidance as you implement the program. During these sessions, your coach will offer encouragement, clarification, and customized input for your best success.

You'll use our online booking system to register with an upcoming session. Once you complete your purchase, choose your preferred start date.

**👉 Before proceeding to the purchase instructions, please carefully review the steps outlined below to ensure a smooth and successful booking experience.**

1. Review our Certified DNRS Coaching Team on our website [here](#) before purchasing.
2. Choose from our purchase options: packages or individual sessions. Note, if this is a first-time coaching session, a 60-minute initial session is required.



Package	Original Price	Discounted Price	Savings
One Initial 60-minute Session	\$170.00	\$155.00 USD	\$15 Savings
Support Your Success	\$420.00	\$369.00 USD	\$50 Savings

## How to purchase:

1. Go to [Individual Coaching Support](#)
2. Select your preferred package or individual session option and click **Schedule**, then click **Add to Cart**.
3. Enter your personal details (name, phone, email).
4. Click **Continue to Payment** to proceed to the billing page.
5. Enter your billing address and credit card details. Then click **Pay and Complete Order**.
6. You'll receive a confirmation email titled: "**Your DNRS Order and Scheduling Link: (Your Name)**".

**Note:** We accept Visa, Mastercard, AMEX and Pay Pal.

## Next Steps After Purchase:

- Ready to schedule? Click **Use Package** to proceed to the booking page and register.
- Want to schedule later? Just refer back to the **Schedule** link in your confirmation email whenever you're ready.

## How to Schedule Your Session:

1. Open the confirmation email you received after purchase.
2. Click the blue **Schedule** link to open the scheduling page.
3. On the scheduling page, redeem your **Individual Coaching** session.
4. Select your preferred start date and click **Book**.
5. Under **Appointments** Choose your time zone from the drop-down menu, select **Continue**.
6. Complete the form with your details. Fields marked with a red asterisk (\*) are required.
7. Click **Continue to Payment** [no additional payment will be required - your code will be applied].
8. On the checkout page, review your order summary and click **Confirm** to complete your registration.

You'll receive a confirmation email. To reschedule or cancel, use the **View Appointment Details** link in that email.

## Need Help?

If you have any questions or need support, feel free to reach out to us at [info@retrainingthebrain.com](mailto:info@retrainingthebrain.com) or call **1-800-947-9389**.

Our trusted Client Services Team will be happy to assist you!